

“7 Mind Shifts You Can Make TODAY to Clear the Path to More Money.”

1. **Change your thoughts, beliefs and words.** You have the power to create and shape the reality you live in and the things you experience simply by what you allow your mind and heart to dwell on, and by the things you say. For example: If you believe you'll never get out of debt and find yourself saying all the time, “It's too hard to get out of debt.” Well, guess what will be your reality?
2. **Get crystal clear on your desires.** Money needs a purpose. When we don't know or can't put into words the true desires of our hearts, we can't expect money to make itself available to us, or to open ourselves up to receive provision.
3. **Ditch the “Ignorance is Bliss” mentality.** Anxiety and confusion about your money situation will keep you from reaching your income and lifestyle potential. Eliminate that anxiety by tracking and getting intimate with your financial situation, both the outgoing and the incoming.
4. **Approach life with a grateful heart.** Nothing cures a negative mindset about money (or anything else for that matter!) like gratitude. The more you acknowledge and give thanks for the abundance you already have, the more space you make in your life to receive more.
5. **Become comfortable with both giving AND receiving.** Many women struggle with the ability to set boundaries with others regarding their time, resources and finances. These same women often have a hard time receiving because they struggle with feelings of guilt. Both are likely reflections of self-worth. And if you don't believe you're worthy, how can you be available to receive more money?
6. **Let go of the criticism and judgment.** If your money story is one where you believe that people with money are wrong in some way (unethical, greedy, unspiritual, selfish, etc.), you may be unknowingly operating in criticism and judgment. Now, if you deeply desire you had the prosperity that others enjoy

and the options that more money would bring to you, there's a contradiction. How can you expect to receive the exact thing you're judging or criticizing someone else for?

7. **Surround yourself with successful people who have healthy money beliefs.** It is often said that you are the sum total of the five people you spend the most time with. Are these people moving through life with healthy money mindsets? Or do they have a poverty mindset, living with a victim mentality and content to complain, rather than improve their situations?

If there's nobody in your world yet with a successful, prosperous outlook, you can join Facebook groups, masterminds, local meet-up groups, or invest in group or 1:1 coaching with someone who can encourage you and support you in getting to the place where your income matches your desires.

Bonus Section: Actions You Can Take Right Now . . .

1. What's one negative thought you have or thing you find yourself saying about money and how can you flip it to a positive?
2. What's one big thing you'd like to have or do that will give money a purpose?
3. Are you willing to commit to getting cozy with your finances?
4. What are ten things you're grateful that you have or can do right now?
5. Who do you need to say no to today? And how will you react the next time someone offers to help you or do something for you?
6. Monitor your thoughts when you see someone in a nice car, a celebrity on TV or in a magazine, or hear about a friend getting a pay raise or buying a new home. Awareness is a powerful first step.
7. What will you do to connect with others who can support you on the way to success?

It's Time to Accelerate the Process of Clearing Your Path to More Money!

If you want the freedom more wealth and prosperity will give you . . .

- **Freedom** to invest in yourself and your business without guilt or fear
- **Freedom** to travel to exotic, exciting and fun destinations
- **Freedom** to get regular, luxurious pampering and spa treatments
- **Freedom** to generously and benevolently give to worthy causes close to your heart
- **Freedom** to create opportunities for yourself and your loved ones
- **Freedom** to be that empowered, prosperous, influential woman who does amazing things in the world

. . . I'd love to invite you to a complimentary 45-minute Inspiration Conversation.

During this 45-minute chat, we'll explore the dreams you have for your lifestyle and business, look into what money and mindset blocks could be holding you back, and decide if working together would be a beautiful match.

Request Your 45-Minute Inspiration Conversation:

MelissaWilliamsPope.com/GetInspired

You know, it's no accident we found each other! So if you're reading this, I believe you're ready to be the woman who takes inspired action on behalf of the life and business that's meant for her . . .

And I can't wait to connect with you!

Expecting unimaginably wonderful things for you,

Melissa

PS. If you're like I was, you probably think you can figure all this out on your own, through reading ebooks or signing up for a bunch of free resources (how's that working out for you?), but when someone is there, **totally focused** on helping you make your dreams a reality, it's amazing what can happen for you, **and how fast . . .**

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