



Breakthrough Rendezvous Inspiration

Please choose one or two situations below and answer for your reference in preparation for our Breakthrough Rendezvous:

- What is a situation where you are uncomfortable asking for what you want?
- What is a situation where you are afraid of being seen?
- What is a situation where you are afraid of asking for more?
- What is a situation where you are afraid of being vulnerable?
- What is a situation where you are avoiding having an honest conversation with someone?
- What is a situation where you are afraid of asking for what is owed or due you?
- What is a situation where you are making excuses or telling yourself you can't do something?
- What is a situation where you are afraid of offending someone?
- What is a situation where you are afraid of charging more (or at all) for your services?
- What is a situation where you are holding back from leaping into a new opportunity?
- Something else that's coming up for you?



Personal Session Notes: